

In-Person Appointments During COVID-19

While **virtual and phone appointments remain the safest choice** during the COVID-19 outbreak, a limited number of in-person appointments will be made available in accordance with the [Government of Alberta's relaunch strategy](#).

In order to minimize risk and limit disease spread, I will be taking precautions in line with the [guidelines set out by the College of Dietitians of Alberta](#), including:

- Limiting number of client visits per day to avoid overcrowding in waiting room and allow for time to clean and disinfect surfaces and seating before and after each appointment
- Maintaining social distancing at all times
- Practicing hand hygiene before and after all visits
- Wearing appropriate personal protective equipment (PPE)
- Sanitizing credit card terminal immediately before and after use
- Providing resources electronically whenever possible
- No longer providing refreshments at appointments
- Cancelling appointments and self-isolating if I display any symptoms of COVID-19

Clients attending in-person appointments will be expected to:

- Be free of visible symptoms consistent with COVID-19, and not attend appointments if they have been asked to self-isolate according to provincial guidelines
- Maintain social distancing at all times
- Practice hand hygiene before and after all visits

As my office building is not open to the public, it is exempt from the City of Calgary's Temporary Face Covering Bylaw. However, mask-wearing is strongly advised.

Please note that these guidelines are subject to change as the situation evolves.

I look forward to serving you!